

Broomwood Primary School

Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meals Homemade Choice	Turkey Meatballs in Tomato Sauce	Cottage Pie	Chilli / Lasagne	Traditional Roast Chicken or Ham Dinner	Oven baked Battered Fish/ Fish Fingers
Vegetarian	Quorn Balls in Tomato Sauce	Quorn Cottage Pie	Quorn Chilli / Lasagne	Quorn Roast Dinner or Macaroni Cheese	Vegan Fishless Fingers
Carbohydrates	Pasta	Mashed Potato	Rice	Roast Potatoes	Oven baked chips
Vegetables	Carrots	Peas	Salad	Broccoli /Cauliflower	Baked Beans / Sweetcorn
Salad Bar	<i>A selection of fresh vegetable and salad items served along with a bread roll to accompany a protein dish from the daily choice: e.g. Chicken, Tuna, Cheese, Ham, Egg</i>				
*Sandwiches	A selection of sandwiches available served with a side salad				
Filled Jackets	Various Fillings - served with side salad				
*Sweets	Smoothies	Sponge and Custard	Light and fluffy whip	Fresh Fruit and Yoghurts	Banana Muffins
*Snacks	Tuna Pasta Pot	Sausage or Cheese roll	Salad Pots	Raisins	Hummus and Vegetable sticks

**New school Meal Deal Packed Lunch (children will receive all three elements that have been highlighted *)
Please note: This menu is subject to change due to deliveries. Yoghurts and Fresh Fruit are available daily*

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Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meals Homemade Choice	Cajun Chicken	Pork Sausages	Chicken Tikka	Traditional Roast Chicken or Ham Dinner	Oven baked Battered Fish/ Fish Fingers
Vegetarian	Quorn Chicken	Quorn Sausages	Quorn Tikka	Quorn Roast Dinner or Macaroni Cheese	Vegan Fishless Fingers
Carbohydrates	Cous Cous	Mashed potatoes	Rice	Roast Potatoes	Oven baked chips
Vegetables	Sweetcorn / Peppers	Peas/Beans	Mixed vegetables	Broccoli /Cauliflower	Sweetcorn /Peas/baked beans
Salad Bar	A selection of fresh vegetable and salad items served along with a bread roll to accompany a protein dish from the daily choice: e.g. Tuna, Cheese, Ham				
*Sandwiches	A selection of sandwiches available served with a side salad				
Filled Jackets	Various Fillings - served with side salad				
*Sweets	Vanilla Ice cream	Orange cookies	Shortbread	Yoghurt and Fresh Fruit	Lemon Drizzle Cake
*Snacks	Pasta Pots	Rice Pots	Cheese sticks	Raisins	Hummus and Vegetable sticks

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Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meals Homemade Choice	Battered Chicken Steak	Cheeky Chicken Wraps in tomato sauce	Homemade sausage rolls	Traditional Roast Chicken or Ham Dinner	Oven baked Battered Fish/ Fish Fingers
Vegetarian	Quorn Burger	Quorn Wraps	Vegan Rolls	Quorn Roast Dinner or Macaroni cheese	Vegan Fishless Fingers
Carbohydrates	Jacket Potato Wedges	Savoury Rice	Mashed Potato	Roast Potatoes	Oven baked chips
Vegetables	Green beans	Mixes vegetables	Carrots / Baked beans	Broccoli /Cauliflower	Sweetcorn / Baked Beans
Salad Bar	A selection of fresh vegetable and salad items served along with a bread roll to accompany a protein dish from the daily choice: e.g. Tuna, Cheese, Ham				
*Sandwiches	A selection of sandwiches available served with a side salad				
Filled Jackets	Various Fillings - served with side salad				
*Sweets	Jam Donuts	Apple Crumble and custard	Raspberry Jelly	Fresh Fruit and Yoghurt	Smoothies
*Snacks	Cheese swirls	Rice Pots	Pasta Pots	Sausage rolls / vegan rolls	Hummus and Vegetable sticks

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Menu Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meals Homemade Choice	Perfect Homemade Pizza	Spaghetti Bolognese	BBQ Chicken	Traditional Roast Chicken or Ham Dinner	Oven baked Battered Fish/ Fish Fingers
Vegetarian	Perfect Homemade Pizza	Quorn Bolognese	Quorn BBQ Chicken	Quorn Roast Dinner or Macaroni Cheese	Vegan Fishless Fingers
Carbohydrates	Jacket Potato wedges	Pasta	New Potatoes	Roast Potatoes	Oven baked chips
Vegetables	Mixed Veg / Ravioli / Baked beans	Peas	Carrots / Baked Beans	Broccoli /Cauliflower	Sweetcorn / Baked Beans
Salad Bar	A selection of fresh vegetable and salad items served along with a bread roll to accompany a protein dish from the daily choice: e.g. Tuna, Cheese, Ham				
*Sandwiches	A selection of sandwiches available served with a side salad				
Filled Jackets	Various Fillings - served with side salad				
*Sweets	Apple Sponge and Custard	Mandarin Jelly	Rice Pudding	Fresh fruit and Yoghurt	Smoothies
*Snacks	Pasta Pots	Pizza Slices	Salad Pots	Grapes	Hummus and Vegetable sticks

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